

<u>Week 2 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and homemade bread	Minted pea	Tomato and basil	Broccoli	Leek and potato	Vegetable
Main course	Turkey or vegetable chow mein with sweet chilli sauce, soy sauce, chilli flakes, siracha sauce, sesame seeds	Roast chicken leg or Caramelised onion and sausage roll	Lamb chilli con carne or 5 bean chilli	Smoked bacon, ham and mozzarella pasta bake	Battered fish, tartare sauce, lemon wedges Beef burger, pickle, lettuce and mustard
Vegetarian	Vegan yeung chow friend rice	Mixed vegetable and lentil wellington	With giant nachos, crispy jalapenos and cheese sauce	Smokey roasted Mediterranean vegetable and tomato gnocchi	Spinach, filo and feta pie
On the side	Chinese spice greens Broccoli Prawn crackers	Roasted new potatoes Savoy cabbage Root vegetables	Coriander rice Toasted corn	Garlic bread Dressed salad Green beans	Chips Baked beans Garden peas
Jacket potato	Baked beans	Baked beans	Baked beans	Baked beans	Baked beans
Hot dessert	Coconut rice pudding with mango coulis	Plum and baked apple oat crumble with custard	Ginger cake	Hot chocolate sponge with chocolate sauce	Superseeded flapjack
Cold dessert	Strawberry jelly	Mango mess	Vegan raspberry mousse	Orange jelly or yoghurt pots	Vegan brownie
Cut fruit	Pineapple and black gape	Watermelon and plum	Melon and kiwi	Orange	Mixed fruit pots