

<u>Week 1 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and homemade bread	Roasted tomato	Carrot and coriander	Minestrone	Parsnip and ginger	Vegetable
Main course	Creamy gammon and vegetable pie	Beef Bolognese with spaghetti	Southern Baked breaded Chicken Or Vegan Buffalo cauliflower wings	Pork and lentil dhansak	Battered fish, tartare sauce, lemon wedges
					Jumbo Pork sausage
Vegetarian	Creamed leek, potato and cheese pie	Ricotta tortelloni, roasted pepper pasta bake	with southern gravy, sweet chilli sauce or Louisiana sauce Harissa veggie and halloumi wrap	Sweet potato and vegetable bhaji with mango chutney dip	Vegan cheese and red onion marmalade stuffed field mushroom
On the Side	Mash, garden peas, buttered carrots & gravy	Garlic bread, chargrilled Mediterranean vegetables	Lemon and garlic wedges, corn and coleslaw	Pilau rice, naan bread, cumin carrots	Chips, baked beans, garden peas
Jacket potato	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Hot dessert	Apple crumble with custard	Italian meringue and lemon curd cake	White chocolate and cherry blondie	Warm jam sponge with custard	Toffee popcorn cake
Cold dessert	Berry pudding pots	Orange Jelly or Yoghurt Pots	Grilled fruit kebabs	Strawberry Jelly or Yoghurt Pots	Blueberry cheesecake
Cut Fruit	Pineapple and black grape	Watermelon and plum	Melon and kiwi	Orange	Mixed fruit pots

<u>Week 2 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and homemade bread	Minted pea	Tomato and basil	Broccoli	Leek and potato	Vegetable
Main course	Turkey or Vegetable chow mein with sweet chilli sauce, soy sauce, chilli flakes, siracha sauce, sesame seeds	Roast chicken leg or Caramelised onion and sausage roll	Lamb chilli con carne or 5 bean chilli	Smoked bacon, ham and mozzarella pasta bake	Battered fish, tartare sauce, lemon wedges
					Beef burger, pickle, lettuce and mustard
Vegetarian	Vegan yeung chow fried rice	Mixed vegetable and lentil wellington	With giant nachos, crispy jalapenos and cheese sauce	Smokey roasted Mediterranean vegetable and tomato gnocchi	Spinach, filo and feta pie
On the Side	Chinese spice greens, broccoli and prawn crackers	Roasted new potatoes, savoy cabbage and root vegetables	Coriander rice, toasted corn	Garlic bread, dressed salad, green beans	Chips, baked beans, garden peas
Jacket potato	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Hot dessert	Coconut rice pudding with mango coulis	Plum and baked apple oat crumble with custard	Ginger cake	Hot chocolate sponge with chocolate sauce	Superseeded flapjack
Cold dessert	Strawberry jelly	Mango mess	Vegan raspberry mousse	Orange Jelly or Yoghurt Pots	Vegan brownie
Cut Fruit	Pineapple and black grape	Watermelon and plum	Melon and kiwi	Orange	Mixed fruit pots

<u>Week 3 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and homemade bread	Sweetcorn	Carrot and coriander	Spinach pea and pesto	Parsnip and ginger	Vegetable
Main course	Pork Sausage	Beef Bolognese with spaghetti	Baked breaded BBQ Chicken Or Vegan Buffalo cauliflower wings	Pork and lentil dhansak	Battered fish, tartare sauce, lemon wedges
Vegetarian	Vegan Sausage	Ricotta tortellini, roasted pepper with pesto	with southern gravy, sweet chilli sauce or Louisiana sauce Harissa veggie and halloumi wrap	Sweet potato and vegetable bahji with mango chutney dip	Beef burger, pickle, lettuce and mustard
On the Side	Colcannon mash, garden peas, onions, buttered carrots and gravy	Garlic bread, chargrilled Mediterranean vegetables, balsamic green beans	Lemon and garlic wedges, corn and coleslaw	Aromatic rice, naan bread, cumin carrots	Vegan cheese and red onion marmalade stuffed field mushroom
Jacket potato	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Hot dessert	Apple crumble with custard	Italian meringue and lemon curd cake	Blueberry cheesecake	Warm jam sponge with custard	White chocolate and cherry blondie
Cold dessert	Summer pudding pots	Orange Jelly or Yoghurt Pots	Grilled fruit kebabs	Strawberry Jelly or Yoghurt Pots	Toffee popcorn yoghurt pots
Cut Fruit	Pineapple and black grape	Watermelon and plum	Melon and kiwi	Orange	Mixed fruit pots